



Allegro Ice Dance & Artistic Competition 2025

Sunday 7 December 2025, 4.15pm - 8.15pm
Paradise, Botany Downs

(Sanctioned by NZIFSA)



Photos by Olga Levien

It's that time of year again! The Allegro Artistic Competition is all about **fun, flair, and creativity on the ice** — no pressure, just the chance to perform, entertain, and celebrate the joy of skating.

Open to **all skaters — competitive and skater school** — it's the perfect way to finish the year with sparkle and smiles. ☀️

Come skate, shine, and celebrate with us! 💙

Events

Le Patinage Artistique

This is the classic artistic event where jumps and spins count only for their choreographic and interpretive effect, allowing skaters to work on the expression, movement and choreography that are so important in all disciplines of ice figure skating. Props are allowed, with some restrictions, outlined in the details section.

Skating as a Group

Le Patinage Artistique includes divisions for groups of 2 to 9 skaters, a synchro event for synchro teams, and dance events for couples as well as groups (see Shadow Dance). Pairs teams can compete in Le Pat events, too. Dance events are open to couples of any gender combination. This is a great opportunity to get out there and perform with your friends.

Interpretive

In this event, the music is chosen by the organisers, and the skaters will not hear it until their warm up. Skaters will not be allowed to watch the performances of skaters in the event who skate before them. Be creative and challenge your imagination.

Ice Dance

Dance events focus on essentials such as edge quality, footwork, timing, and expression. There is something for everyone, from a choice of Open Pattern Dances to Free Dance, all of which can be competed solo or in a couple (of any gender combination).

Theatre on Ice

Theatre on Ice is a creation performed by 8 to 40 skaters using all aspects of figure skating. It incorporates a theme, emotion or story that is enhanced by music. It is a package that includes five dimensions: theme; music/sound; choreography and skating movements; performance and rapport between skaters or sub-groups of skaters; costuming; props and scenery (if used).

Music: *Music is chosen by the competitors except in the Interpretive and Tiny Tots events,* where it is chosen by the organisers. See event for more information. See specific events for length requirements.

All competitors must upload their music and complete the music details using the following link by the close of entries:

<https://www.cognitoforms.com/NorthIslandIceSkatingSubAssociation/NorthIslandsCompetitorsMusic2025>

Props: Props are permitted ONLY in Le Patinage Artistique and Theatre on Ice events. Please see the event descriptions for more details. Props are not allowed in Interpretive, Dance or Tiny Tots events.

Photo and Video: Participants agree that the Allegro Ice Dance Club may take photos and videos of them during and around their performances. Participants agree that the Allegro Ice Dance Club may use these in any promotional material.

Announcement: Please check the NZIFSA website (www.nzifsa.org.nz) for changes to the announcement.

Allegro Skate School & Tiny Tots - Rules and Guidelines

See separate announcement found on the [NZIFSA website](http://www.nzifsa.org.nz)

Allegro Le Patinage Artistique - Rules and Guidelines

Eligibility:

Division A	Single Skaters	Skate School
Division A2**	Single Skaters	Pre-Elementary
Division B1**	Single Skaters	Elementary under 12, Juvenile under 12, Basic Novice under 12
Division B2**	Single Skaters	Elementary 12 & over, Juvenile 12 & over, Basic Novice 12 & over
Division C**	Single Skaters	Intermediate Novice
Division D**	Single Skaters	Advanced Novice, Junior
Division E**	Single Skaters	Senior
Division F1	Single Skaters	Solo Open Pattern Dance
Division F	Single Skaters	Solo Free Dance
Division X	Single Skaters	Adult age 18 or over
Division G	Two skaters only	Skate School and Pre-Elementary
Division H**	Two skaters only	Elementary, Juvenile, Basic Novice under 12
Division I**	Two skaters only	Basic Novice 12 & over, Intermediate Novice
Division J**	Two skaters only	Advanced Novice, Junior, Senior
Division K2	Two skaters only	Couples Open Pattern Dance
Division K	Two skaters only	Couples Free Dance
Division Y	Two skaters only	Adult age 18 or over
Division L	Groups of 3 to 9	Skate School and Pre-Elementary
Division M**	Groups of 3 to 9	Elementary, Juvenile
Division N**	Groups of 3 to 9	Basic Novice, Intermediate Novice, Advanced Novice, Junior, Senior
Division O	Groups of 3 to 9	Free Dance
Division Z	Groups of 3 to 9	Adult age 18 or over
Division S	Special Olympics	Skater may skate with coach or another skater
Division Skate School Synchro	8 or more skaters	Skate School and Elementary levels
Division Synchro**	8 or more skaters	Open division for all levels, Basic Novice and above
Division Synchro Adult	8 or more skaters	Open to all adult skaters over the age of 18

Notes:

- Divisions may be split or combined (by age and/or NZIFSA singles divisions) depending on entries. Dance may be split by level, depending on the number of entries: Bronze, Silver, and Gold.
- For divisions marked with **, the eligibility of the skater(s) is as per NZIFSA rules for singles. For two or more skaters, the highest level applies. If there are more than 4 NZIFSA singles grades between the lowest- and highest-level skaters in a group, the group may choose to skate down one division. Age is as at 30 June preceding the competition.

Requirements:

Duration	Division A, A2, B1, B2, F, G, K, S	1 min 30 seconds +/- 30 seconds
	Division C, D, E, H, I, J, L, M, N, O, X, Y, Z	1 min 45 seconds +/- 30 seconds
	Division Synchro	3 min +/- 2 min
	Open Pattern Dance	1.30min +/-30 seconds
	Free Dance	2.00 min +/-10

Program The program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music and artistry, rather than for their technical difficulty. Double and triple jumps are not permitted (*except for Divisions D and E, where a maximum of two such jumps are permitted*). Single jumps (including the Axel), jump-like movements of not more than one revolution, and spins are permitted for all grades except Free Dance Divisions. Credit for jumps and spins is based solely on their choreographic effectiveness, and the program should be an integrated exploration of the chosen music, not merely a collection of pleasing or spectacular moves assembled to entertain an audience with emphasis still being placed on skating skills. In Free Dance divisions, no jumps are allowed and a maximum of one spin is allowed.

Props Props and costumes are permitted to develop the theme and must be logically connected. For example, a top hat and cane would be appropriate in a white tie and tails number, as would a veil in Salome's dance.

Evaluation Two marks will be awarded as follows:

- Technique 0.0 - 10.0
 - use of the body to develop the theme
 - use of edge quality, turns and innovative skating moves, jumps, spins etc, ice coverage
 - creative skating programme
- Presentation 0.0 - 10.0
 - development of the theme and mood
 - general choreography of the programme as an artistic performance
 - music interpretation

Allegro Interpretive - Rules and Guidelines

Eligibility:

Division B	Single Skaters	Elementary, Juvenile, Basic Novice
Division C	Single Skaters	Intermediate Novice
Division D	Single Skaters	Advanced Novice, Junior
Division E	Single Skaters	Senior
Division F	Single Skaters	Adult age 18 or over

Notes:

- Depending on numbers of entries, divisions may be further divided (by age and/or NZIFSA singles divisions), or collapsed into fewer events where appropriate.
- Eligibility of skater is as per NZIFSA rules for singles events. Age is as at 30 June preceding the competition.

Requirements:

Duration	Division B	1 min 15 seconds +/- 15 seconds *
	Division C, D, E, F	1 min 45 seconds +/- 15 seconds *

* The exact duration of the programme is set by the music chosen by the organisers.

Program The interpretive program consists of a variety of skating moves selected for their value in enhancing the skater's interpretation of the music and artistry rather than for their technical difficulty. Triple and

double jumps are not permitted. Single jumps (including the Axel Paulsen) and jump-like movements of not more than one revolution and spins are permitted. Credit for jumps and spins will be based solely on their choreographic effectiveness. The program should be an integrated exploration of the music, not merely a collection of pleasing or spectacular moves assembled to entertain an audience with emphasis still being placed on skating skills.

Music

The music will be chosen by the organisers, and the music for each division may be different. It may contain unusual rhythms or several separate pieces of music. All skaters in a division will skate to the same music. Possible music choices will not be disclosed to any skater or coach prior to the event. Skaters will first hear the music during the warm up. The music will be played starting not less than one minute into the warm up, and will be repeated until the warm up ends. During the event, skaters will be kept away from the ice area and will be unable to see other skaters skate before them.

Evaluation

Two marks will be awarded as follows:

1. Technique 0.0 - 10.0
 - (a) use of the body to develop the theme
 - (b) use of edge quality, turns and innovative skating moves, jumps, spins etc, ice coverage
 - (c) creative skating programme
2. Presentation 0.0 - 10.0
 - (a) development of the theme and mood
 - (b) general choreography of the programme as an artistic performance
 - (c) music interpretation

Allegro Ice Dance - Rules and Guidelines

Open Pattern Dance

Any of the below pattern dances may be skated as a variation, with up to 50% of the segments changed.

Couples Open Pattern Dance

This event is for couples (any gender). Skaters may choose *any* of the listed dances to perform — the Bronze, Silver, and Gold dances are simply guides to the **difficulty** of each pattern, not entry restrictions. Couples may enter more than one dance. *Divisions may be combined depending on entry numbers.*

Couples Open Pattern Dance Bronze	<i>Dutch Waltz (2 sequences)</i>
Couples Open Pattern Dance Silver	<i>Rocker Foxtrot (2 sequences)</i>
Couples Open Pattern Dance Gold	<i>Starlight Waltz (2 sequences)</i>

Solo Open Pattern Dance

This event is for solo skaters. Skaters may choose *any* of the listed dances to perform — the Bronze, Silver, and Gold dances are simply guides to the **difficulty** of each pattern, not entry restriction. Skaters may enter more than one dance. *Divisions may be combined depending on entry numbers*

Solo Open Pattern Dance Bronze	<i>Dutch Waltz or Riverside Rumba (2 sequences)</i>
Solo Open Pattern Dance Silver	<i>Rocker Foxtrot (2 sequences)</i>
Solo Open Pattern Dance Gold	<i>Starlight Waltz (2 sequences)</i>

Free Dance - Solo or Couples (Free Dance)

Skaters may choose music from any genre and the length should be 2min +/-10 sec. This is a self-selected event open to all abilities. Divisions may be combined or separated depending on the number of entries.

The dance must include the following required elements:

- One dance spin
- One twizzle or sequential twizzles

- One choreographic (choreo) movement
- One edge element held for 3–7 seconds
- One choreographic sequence

The linking steps between elements must consist of recognizable ice dance steps such as mohawks, choctaws, rockers, counters, brackets, three turns, and cross rolls, performed in rhythm with the music to create a clear dance character and feel.

No jumps are permitted, and a maximum of one spin is allowed. This is an open event for skaters of all levels.

Evaluation

Two marks will be awarded as follows:

1. Technique 0.0 - 10.0
 - (a) quality of edges and turns
 - (b) timing
 - (b) pattern and ice coverage
2. Presentation 0.0 - 10.0
 - (a) creativity and choreography (for dances with variations)
 - (b) interpretation and artistic performance

Allegro Theatre on Ice - Rules and Guidelines

Eligibility: This is an open event for all skaters.

Requirements:

Program	Between 8 and 40 skaters present a theme, emotion or story enhanced by music and sound, and incorporating the dimensions of choreography and skating movements, performance and rapport between skaters or sub-groups of skaters, and props and scenery (if used).
Duration	6 minutes +/- 15 seconds
Props	Props and/or scenery are permitted. The use of any substance that might harm the ice is not permitted, and props/scenery used must be placed on & taken off ice by the group's skaters within 2 minutes of the start and end of the program.
Music	Music may be vocal or otherwise. Sound effects are permitted. If an audio reading is required prior to the performance, it must not exceed 30 seconds.

Health & Safety

Rules and Guidelines/Conditions of Entry

Upon submitting entry to the Allegro Ice Dance Club competition, skaters accept they are competing in the full knowledge that Ice Figure Skating is a potentially hazardous sport, and the skater certifies they have trained sufficiently to compete, and are not doing so against medical advice from a qualified medical practitioner.

Under the Health & Safety at Work Act (2015), all skaters, coaches and visitors are required to comply with all Health & Safety rules of Paradise Ice Arena. In particular, please stay clear of all rink plant and machinery, be aware that floor surfaces can be slippery, there are trip hazards, and you are to act in a safe and courteous manner at all times.

If any health & safety concerns are identified during the competition, please report concerns to an Allegro Ice Dance Club Representative in the Committee Room or Music Box.